



## YOUR GUIDE TO TAPAS

1 plate, for a snack 2 plates, if you're peckish 3 plates, for the hungry 4 plates, if you're ravenous!

All our food is cooked fresh to order to allow for the best quality. We also aim to serve all your tapas dishes as close together as possible (minus the 'Para Picar'). As I'm sure you can appreciate, this may take us a little longer than your usual chain, but our chefs will certainly try their best, to feed you before you get 'hangry'.

Enjoy a little taste of the Mediterranean & Bon Appetit





#### TO NIBBLE...

# 'PARA PICAR'



MANZANILLA OLIVES .... £3.50

Spanish unpitted olives

PICKLE PLATE .... £3.50

selection of house pickles

WILD BREADS SOURDOUGH ....£5

locally baked sourdough served with herb butter

HOUSE FOCACCIA ... £5

freshly baked served with EVOO & balsamic vinegar

PORK CRACKLING .... £3.50

crispy salted pork rind

MANCHEGO .... £4

cured semi-soft sheeps cheese from La Mancha region of Spain

CREAM CHEESE PIQUANTE PEPPERS .... £4

sweet and lightly spiced peppers stuffed with herb cream cheese

BOQUERONES EN VINAGRE .... £6

classic spanish tapa- white anchovies, marinated in white whine vinegar

BUTTERBEAN HUMMUS .... £7

EVOO, coriander, warm pitta

STRACCIATELLA .... £8

creamy Italian buffalo cheese, roasted tomatoes, hazelnut pesto, warmed pitta



# BRUSCHETTA BAR

#### SERRANO HAM & MANCHEGO

cured ham & sheep's cheese

#### PORCHETTA & APPLE

roasted pork belly, sage & apple chutney

#### STACCIATELLA & ROASTED TOMATO

Buffalo cheese, roasted tomatoes, basil, balsamic glaze

#### GOATS CHEESE & CARAMELISED ONION

creamy goats cheese, sweet caramelised onion chutney

#### CHESTNUT MUSHROOM & TRUFFLE

garlic mushrooms, truffle oil, parsley

£3.50 EACH

Please advise us of any allergies or dietary requirements when ordering.

Please note- while we try to highlight all potential allergies, we cannot

100% guarantee there is no traces in the ingredients we use



TAPAS

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## MEAT





#### CHICKEN TACOS .... £9

soft shell tacos filled with shredded spiced chicken, corn salsa, lettuce, avocado, spicy aioli, coriander & lime

#### CHORIZO & MANCHEGO CROQUETAS.. £7

crispy bites coated in breadcrumbs, filled with béchamel sauce, chorizo & Spanish sheep's cheese

#### LAMB SOUVLAKI .... £9.50

marinated lamb skewers in EVOO, garlic, lemon & herbs, cherry ketchup

#### BAVETTE STEAK .... £12

tender 80z beef steak, café de Paris red wine butter

#### MISO-HONEY BEEF SHORT RIB. £10

slow-cooked beef, rich miso glaze, crispy onions

#### BUTTERMILK CHICKEN .... £8

crispy chicken tenders, spicy & sweet bang bang sauce, sesame seeds

#### CHORIZO, RIOJA .... £8.50

braised Spanish sausage in a reduced red wine glaze

#### CALAMARI .... £8

baby squid, coated in a siracha spiced flour, aioli

#### GAMBAS ALLA PLANCHA .... £8

shell-on king prawn skewers, garlic & parsley butter, lemon

#### BAKED COD, HERB CRUST .... £12

baked white fish, herb crust, roasted courgette

#### MOULES MARINIERE .... £8.50

mussels cooked in a creamy, white wine and shallot sauce, served with sourdough

#### BUTTERFLY MACKEREL .... £12

grilled mackerel, piri piri butter, lime

#### PRAWN PIL PIL .... £8

king prawns in hot chilli & garlic infused oil







#### VEGETARIAN

### TAPAS

#### SQUASH & SAGE ARANCINI... £8

risotto balls, roasted squash, sage & parmesan coated in breadcrumbs

#### CRISPY COURGETTE FRIES .... £7

courgette fries, breadcrumbs, aioli, pickled shallots

#### GOATS CHEESE DOUGHNUTS ... £8.50

fried dough balls filled with creamy goats cheese, caramelised onion chutney

#### BAKED RATATOUILLE .... £7.50

aubergine, courgette, onion, tomato, peppers & basil baked

#### SPANAKOPITA ROLLS .... £7.50

spinach & creamed feta, rolled in crispy filo pastry

#### CHICKPEA & SPINACH ESTOFADO .. £7

chickpea & spinach stew in a smoky tomato sauce

#### BAKED CAMEMBERT .. £9

baked mini camembert, crushed roasted walnuts, sweet cranberry chutney, crostini

#### PADRON PEPPERS .... £6.50

roasted & lightly charred sprinked with Maldon sea salt flakes

#### CAULIFLOWER TACOS .... £8.50

soft-shell tacos, spiced cauliflower, lettuce, avocado, corn salsa, coriander, fresh chilli, lime & spiced aioli

#### SALADS &

## SIDES

#### PATATAS BRAVAS .... £5

fried potatoes, topped with our signature tomato sauce, aioli & chives

#### FRENCH FRIES .... £4

lightly salted fries

#### GREEK FRIES .... £6

French fries tossed in feta cheese & oregano

#### HALLOUMI PANZANELLA .... £7

pan-fried halloumi, croutons, red onion, peppers, tomato & basil

#### GARDEN SALAD .... £4

lettuce, cucumber, tomato, red onion, oregano, vinaigrette

#### ANCIENT GRAIN & SQUASH .... £6

roasted squash & quinoa, chunky hazelnut pesto dressing

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GLUTEN FREE PARA PICAR MANZANILLA OLIVES ... £3.50 PICKLED PLATE ... £3.50 Spanish unpitted olives selection of house pickles BREAD ROLLS .... £4 PORK CRACKLING ... £3.50 crispy pork rind salted lightly warmed, aioli CREAM CHEESE PIOUANTE PEPPERS.. £4 BOOUERONES EN VINAGRE ... £6 sweet & lightly spicy peppers stuffed with herb cream cheese classic Spanish tapa - white anchovies marinated in vinegar MANCHEGO ... £4 STRACCIATELLA ... £8 cured semi-hard sheeps cheese from La Mancha region of Spain creamy Italian buffalo cheese, roasted tomatoes, hazelnut pesto, pitta BUTTERBEAN HUMMUS ...£7 EVOO, coriander, warm pitta BRUSCHETTA BAR GOATS CHEESE & CARAMELISED ONION SERRANO HAM & MANCHEGO cured ham & Spanish sheep's cheese creamy goats cheese, sweet caramelised onion chutney CHESTNUT MUSHROOM & TRUFFLE STACCIATELLA & TOMATO garlic mushrooms, truffle oil, parsley Buffalo cheese, tomato, basil, balsamic glaze .... £3 EACH .... FISH TAPAS MEAT TAPAS GAMBAS ALLA PLANCHA .... £8 CHICKEN TACOS .... £9 shell-on grilled king prawn skewers, garlic & parsley butter, lemon soft shell tacos filled with shredded spiced chicken, corn salsa, MOULES MARINIERE .... £8.50 lettuce, avocado, spicy aioli, coriander & lime mussels in a creamy, white wine & shallot sauce CHORIZO, RIOJA .... £8 BUTTERFLY MACKEREL .... £12 braised Spanish sausage in a reduced red wine glaze grilled mackerel, Piri Piri butter, coriander, lemon BAVETTE STEAK .... £12 PRAWN PIL PIL .... £8 tender 8oz beef steak, Café de Paris butter king prawns in hot chili & garlic infused oil LAMB SOUVLAKI ... £9.50 BAKED COD, HERB CRUST .... £12 marinated lamb skewers in EVOO, garlic, lemon & herbs, baked white fish, herb crust, roasted courgette cherry ketchup VEGETARIAN SALADS & SIDES BAKED RATATOUILLE .... £7.50 PATATAS BRAVAS .... £5 fried potatoes, our signature tomato sauce, aioli & chives aubergine, courgette, peppers, onion, tomato & basil bake FRENCH FRIES .... £4 CHICKPEA & SPINACH ESTOFADO .... £7 lightly salted French fries chickpeas & spinach in a smoky tomato sauce GREEK FRIES .... £6 CAULIFLOWER TACOS.... £8.50 French fries, feta cheese & oregano soft-shell tacos, baked spiced cauliflower, lettuce, avocado, corn GARDEN SALAD .... £4 salsa, coriander, lime & spiced aioli lettuce, cucumber, tomato, red onion, oregano, vinaigrette PADRON PEPPERS .... £6.50 HALLOUMI PANZANELLA .... £7 roasted & lightly charred with Maldon sea salt flakes pan-fried halloumi, croutons, red onion, peppers, tomato & basil BAKED CAMEMBERT .... £9 ANCIENT GRAIN & SQUASH .... £6 mini camembert, crushed roasted walnuts, cranberry chutney, crostini roasted squash & quinoa, chunky hazelnut pesto dressing

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VEGAN
PARA PICAR
MANZANILLA OLIVES £3.50 Spanish unpitted olives
PICKLE PLATE £3.50
selection pickled vegetables
WILD BREADS SOURDOUGH £5
locally baked sourdough with balsamic vinegar & oil
HOUSE FOCACCIA £5 freshly baked, balsamic vinegar & EVOO
BUTTERBEAN HUMMUS £7
EVOO, coriander, warm pitta
TAPAS
PATATAS BRAVAS £5
fried potatoes, topped with our signature tomato sauce, vegan mayo & chives
CRISPY COURGETTE FRIES £7
courgette friies, coated in breadcrumbs, vegan mayo, pickled shallots  TRUFFLE MUSHROOM BRUSCHETTA £3.50
chestnut mushrooms cooked in garlic & truffle oil, parsley
BAKED RATATOUILLE £7.50
aubergine, courgette, peppers, onion, tomato & basil bake
CAULIFLOWER TACOS £8.50
soft-shell taco, baked spiced cauliflower, lettuce, avocado, corn salsa, coriander, lime & vegan aiol
TOMATO BRUSCHETTA £6.50 toasted sourdough topped with tomatoes, confit garlic, basil, balsamic glaze
PADRON PEPPERS £6.50
roasted & lightly charred with Maldon sea salt flakes
CHICKPEA & SPINACH ESTOFADO £7
smoky tomato based stew, chickpea & spinach
FRENCH FRIES £4 lightly salted fries
GARDEN SALAD £4
VANDER DALAD DI

lettuce, cucumber, onion, tomato, oregano, vinaigrette

ANCIENT GRAINS & SQUASH .... £6

roasted squash & quinoa, chunky hazelnut pesto dressing

